13th Sunday in Ordinary Time



Weekly Mass Times

St Mary's Cathedral

Tue-Fri: 7.30am Sat: 6pm Mass

Sun: 10.30am & 6.00pm Masses

Sacred Heart Church Tue/Wed/Thu: 9am Sat: 8.00am Mass Sun: 8.30am Mass

Lawrenny Court Cnr Arthur and Hill Sts,

West Hobart - Fri 10.30am

Sacrament of Penance (Reconciliation) Sacred Heart Church: Sat following

8.00am Mass

St Mary's Cathedral: Sat 5-5.30pm

The Cathedral Parish Pastoral Council extends a warm welcome to parishioners and friends to join us for the Parish Mission to be held on 31 July in St Mary's Cathedral.

The mission, themed Christ, Our Hope and Joy, celebrated by Archbishop Julian Porteous, will start at 6.00pm and will run for approximately a 2 hour duration. The Mission will be supported by an MC and musicians who have travelled throughout the Archdiocese for other parish missions. The evening will be filled with songs of praise, testimonies, homily and adoration of the Blessed Sacrament. There will also be an opportunity for individual prayer and confession. There will be light supper provided in the Cathedral Centre afterwards. We encourage everyone to come along with family and friends for what will be a very worthwhile and blessed evening. Other parishes have found the evening to be an enriching and transformative event and it has been very well received and supported. If you are in need of transportation for this event, please let Liz Horne in the parish office know by 24 July so that the Council will be able to assist

Cathedral Parish Pastoral Council

St Mary's Cathedral—Cnr Harrington & Patrick Streets, Hobart; Sacred Heart Church—Cross St, New Town;

Responsorial Psalm: I will praise you, Lord, for you have rescued me.

Gospel Acclamation: Alleluia, alleluia! Our Saviour Jesus Christ has done away with

death and brought us life through his gospel. Alleluia!

Readings: Wis 1:13-15, 2:23-24; 2 Cor 8:7, 9, 13-15; Mk 5:21-43

Next Week's Readings: Ezek 2:2-5; 2 cor 12:7-10; Mk 6:1-6

Jesus Heals!

In His public ministry, Jesus was always healing people. Thousands came to Him and were healed of physical or psychological ailments. Today's Gospel (Mark 5:21-43) tells of two of these healings, the healing of one woman's haemorrhage and the restoration to life of the daughter of Jairus, a synagogue official.

When we get sick we go to the doctor, and very often the doctor can help us get better, which is very good, but there are many problems which the doctor cannot help us with. This was certainly the case in both these stories. The poor woman who touched Jesus' cloak had spent all she had on doctors but to no avail. In desperation, she decided to try to approach Jesus. And, with her courage and her faith, touching His cloak was enough. She was completely healed there and then – and she knew she was healed.

Jairus, a loving father, also approached Jesus with desperate faith. "My little daughter is desperately sick" he said "please come and lay your hands on her and make her better and save her life." And Jesus went to his house and even though the girl had died, Jesus restored her to life and gave her back to the care of her parents.

Brothers and sisters, "Jesus Christ is the same yesterday and today and for ever" (Hebrews 13:8). Jesus does the same things now that He did in Israel 2000 years ago. He came that we might have abundant life (John 10:10). He wants us to be well in body and soul. In fact, He gave His life so that we might have abundant life. As we hear these stories of Jesus healing, let us be encouraged to go to Him in faith with our own problems. Whatever is hurting us Jesus wants to heal.

Ask Him to help you. Go to Jesus with whatever faith you can muster and ask Him to help you! He who loves you more than you can ever imagine always hears our prayers and always moves to heal us and save us. That is just what His Name means - 'the Lord saves' or 'the Lord heals'. Just find a few minutes to let Him be with you



and talk to Him about whatever ails you or whatever hurts you, in your body or in your spirit. At Mass we can be very close to Jesus – reach out to Him. Even if you can only touch His cloak, He will pour out on you His amazing, healing love.

Deacon Nick MacFarlane

God has created me to do Him some definite service; He has committed some work to me which He has not committed to another. I have my mission—I never may know it in this life, but I shall be told it in the next. I am a link in a chain, a bond of connexion between persons. He has not created me for naught. I shall do good, I shall do His work; I shall be an angel of peace, a preacher of truth in my own place, while not intending it, if I do but keep His commandments and serve Him in my calling. Therefore I will trust Him. If I am in sickness, my sickness may serve Him; in perplexity, my perplexity may serve Him; if I am in sorrow, my sorrow may serve Him. He does nothing in vain; He may prolong my life, He may shorten it; He knows what He is about. He may take away my friends, He may throw me among strangers, He may make me feel desolate, make my spirits sink, hide the future from me—still He knows what He is about. Blessed John Henry Newman



In the bookstall

We have some wonderful books we'd like to sell to make room for new ones! Please take the time to stop by the bookstall after Mass or better yet pop in from 9 to 3 Monday-Friday for a good browse! We have a few authors on sale this week as follows:



Scott Hahn—Lord, Have Mercy; Swear to God; First Comes Love; Reasons to Believe; Scripture Matters;

Dietrich Bonhoeffer—The Cost of Discipleship; Ethics;

Fr Robert Barron—Catholicism; To Light a Fire;

Fr Rob Galea—Breakthrough

All reduced by 25%. They would make a lovely gift and funds go to the maintenance and upkeep of the Cathedral Centre!

Dear parishioners,

This is an SOS from the small dedicated team who have provided a clean Cathedral parish centre on a weekly basis for the community over a very long



period of time. We would really appreciate additional volunteers to share in this ministry as due to work commitments it is becoming difficult for 2 of the participants to clean on a fortnightly basis. All that is required is a commitment (on a rostered basis) of 1-2 hours, preferably on a Monday to work with 1 or 2 fellow parishioners as the parish centre is an important space for our parish community. If you are able to assist please contact Chris Appleton on 0438021691 or let Liz in the office know. We would welcome any 'sadies', male or female to join us in this very important task. If you aren't able to assist on a Monday but are available other days please also let us know and we'll try to work something out. There are many groups now using the centre, so please consider lending a hand. With thanks.....Chris Appleton.

Seminarians Support Dinner 2018

The 2018 Archdiocese/Parishes Seminarian Support Dinner is being coordinated by the Knights of the Southern Cross together with the valued support of Guilford Young College.

The dinner represents a wonderful opportunity to gather as a single community of faith to enjoy each other's company while also allowing us as a Catholic community to contribute much needed funds to support our Seminarians.

Your attendance in support of the 2018 Archdiocese/Parishes Seminarian Support Dinner would be most welcome.

The event is being held on Thursday 16th August 2018 commencing 6.30pm, Guilford Young College – Hobart Campus. The cost for the dinner is \$60.00 per person and will include a complimentary drink upon arrival followed by canapés and a four-course meal. If you have any queries please contact the Dinner Coordinator, Mr Les Gardner – 03 6229 0103

Tasmanian Youth Orchestra warmly invites young people who enjoy singing to join us at our first Choir Bring a Friend Day on Monday 30 July!

Bring a Friend Day will be at the Hobart North Uniting Church Swan Street North Hobart 4.15 - 6.15pm on Monday July 30th. We have two choirs. The Junior Chorale: age range 6 / 7 - 11 and the Youth Chorale: age range 12 - 18

If you have been keen to sing in a choir – now's your chance! Details are available on Facebook, or on the TYO website. Registrations are FREE and the more the merrier.

See Kaye in the St Mary's Choir for more information 0412440364



National Boys Choir of Australia

In Concert at St Mary's Cathedral

164 Harrington Street

7.30pm, Thursday 27 September 2018

The National Boys Choir of Australia, perhaps recognised from the iconic Qantas *I Still Call Australia Home* commercials, will perform works by Lorenzo Perosi, César Franck and C.V. Stanford, *Old American Songs - two suites by Aaron Copland* and Choral Selections from *Oliver*. The Choir will also sing 'that' song and a selection of Australian folk songs. Students from St Virgil's College will perform as our guests.

Tickets available at the door* or online www.trybooking.com Adult \$20 Conc. \$15 Child \$10

*Cash only door sales



Part of the proceeds will be donated to the Cathedral Restoration Commission



Supported by St Virgil's College

All young adults are invited to a new weekly event held in St Mary's Cathedral called Hobart Haven. This



event is a chance for young people to get away from the noise and rush of daily life and simply spend some time with Jesus. Hobart Haven will run every Wednesday from 6-7pm at St Mary's cathedral and will include: Adoration of the Blessed Sacrament, time for silent prayer, hymns, scripture reflection, chance for Confession and Benediction.

Dear 10.30am parishioners...it is wonderful to see so many people staying behind for a cup of tea after Mass! Please remember to pop an extra packet of biscuits or long life

milk or plunger coffee into your shopping trolley to bring along. All donations are gratefully accepted! Or a simple gold coin donation would also be wonderful to assist us in providing these refreshments! With thanks.



To subscribe to the latest Plenary Council 2020 updates please go to http://plenarycouncil.catholic.org.au/

Dear parishioners, would you like to offer your talents in the ministry of lectoring for our parish? Shortly I will be preparing the new rosters for August to Christmas. If you would like to participate at any of four Masses please contact me via cathedral@aohtas.org.au or 62344463. Training/study materials for this ministry can be provided. With thanks. Liz

Healing - A Theory by Fr Ron Rolheiser OMI

All of us live with some wounds, bad habits, addictions, and temperamental flaws that are so deeply engrained and long-standing that it seems like they are part of our genetic makeup. And so we tend to give into a certain quiet despair in terms of ever being healed of them.

Experience teaches us this. There's the realization at some point in our lives that the wounds and flaws which pull us down cannot simply be turned off like a water-tap. Willpower and good resolutions alone are not up to the task. What good is it to make a resolution never to be angry again? Our anger will invariably return. What good is it to make a resolution to give up some addictive habit, however small or big? We will soon enough again be overcome by its lure. And what good does it do to try to change some temperamental flaw we've inherited in our genes or inhaled in the air of our childhood? All the good resolutions and positive thinking in the world normally don't change our make-up.

There are many approaches to healing: Psychology tells us that good counselling and therapy can help cure us of our wounds, flaws, and addictions. Therapy and counselling can bring us to a better self-understanding and that can help us change our behavior. But psychology also admits that this has its limitations. Knowing why we do something doesn't always empower us to change our behavior. Sociology too has insights to contribute: There is, as Parker Palmer puts it, the therapy of a public life. Healthy interaction with family, friends, community, and church can be a wonderfully steadying thing in our lives and help take us beyond our lonely wounds and our congenital missteps. In his last book, The Living Flame of Love, John of the Cross proposes a theory of, and a process for, healing. In essence, it runs this way: For John, we heal of our wounds, moral flaws, addictions, and bad habits by growing our virtues to the point where we become mature enough in our humanity so that there's no more room left in our lives for the old behaviors that used to drag us down. In short, we get rid of the coldness, bitterness, and pettiness in our hearts by lighting inside our hearts enough warm fires to burn out the coldness and bitterness. The algebra works this way: The more we grow in maturity, generativity, and generosity, the more our old wounds, bad habits, temperamental flaws, and addictions will disappear because our deeper maturity will no

longer leave room for them in our lives. Positive growth of

our hearts, like a vigorous plant, eventually chokes-out the

help you deal with a certain bad habit in your life, his focus

wouldn't be on how to weed-out that habit. Instead the fo-

cus would be on growing your virtues: What are you doing well? What are your best qualities? What goodness in you

weeds. If you went to John of the Cross and asked him to

By growing what's positive in us, we eventually become big-hearted enough so that there's no room left for our former bad habits. The path to healing is to water our virtues so that these virtues

needs to be fanned into fuller flame?



themselves will be the fire that burns out the festering wounds, addictions, bad habits, and temperamental flaws that have, for far too long, plagued our lives and kept us wallowing in weakness and pettiness rather than walking in maturity, generosity, and generativity.

Dear parishioners....the Cathedral choir is inviting any members of the congregation who love to sing, to come and join with us in preparing music for liturgy each week and for our upcoming concert on the 23rd November. We will be performing



Requiem by Maurice Durufle. Rehearsals are Thursday evenings from 6:30-8:00pm in the top level of the Narthex. Hope to see you there. Contact the deputy director of music, Jo-Anne Kemp on 0410 004 148 or email jokemp71@gmail.com for any further details or questions.

solemnity of our Lady of Mount Carmel will be celebrated with a Sung Mass at the Carmelite Monastery, 7 Cambridge St., Launceston on Monday 16th July at 9:30am. Archbishop Julian Porteous will be the celebrant and homilist. Mass will be followed by morning tea. All are welcome to join the Carmelite Nuns for this celebration. A Novena of Masses and Prayers will be offered in preparation from 7th – 15th July. Intentions may be sent to Mother Teresa Benedicta at the Monastery.

Friday's Eucharistic Holy Hour—Spending time with Jesus in the Blessed Sacrament is always time well spent. Each Friday, there is Adoration of the Blessed Sacrament from 4.30-5.30pm in the Cathedral. Join us for some singing, some time for silent prayer, some communal prayer (from the Prayer of the Church) and Benediction. All welcome. Queries, call Deacon Nick MacFarlane 0418 242 010

Date saver! There will be more information released soon but in the meanwhile please save Friday 19th October for the St Mary's Cathedral Parish Annual Dinner at the Italian Club!



Are you new to our parish? We welcome you to St Mary's Cathedral Parish!

To help you become involved in our parish life and any of the various ministries of the parish, please return this slip to the Cathedral Office or place it on the collection plate at any Mass.



We will then be in touchwith thanks.
Name
Email
Phone
1110116

Address

Ministries you may be interested in: (please circle)

greeters, lectors, choir members, musicians, flower arrangers, childrens' liturgy, youth ministry, cleaners, setting up for morning teas, sewing, altar servers, Eucharistic ministers, book stall attendant after Mass, office help, handyman work, gardening, organising special events/fundraising.

Contact Us

Presbytery 99 Barrack St. Hobart 7000

Administrator Fr Shammi Perera **Assistant Priest** Fr Emmanuel Ibeke Nick MacFarlane Deacon

Pastoral Associate Sr Monica Shelverton PBVM

Cathedral Office Manager Ms Liz Horne

Office Hours Mon—Fri 9.00am-3.00pm

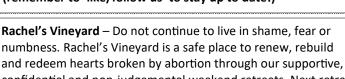
Phone 6234 4463

Email cathedral@aohtas.org.au Fr Shammi smcofficehobart@gmail.com

(non-urgent and non-confidential only)

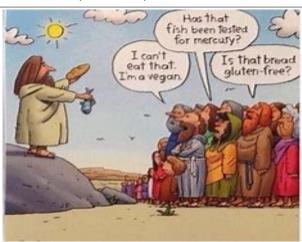
Website www.stmaryscathedralhobart.org.au

www.facebook.com/cathedralparishhobarttasmania (remember to 'like/follow us' to stay up to date!)



confidential and non-judgemental weekend retreats. Next retreat Aug 31st – Sept 2nd 2018. For more information please contact Anne Sherston on the confidential phone line 0478599241 or

email rachelsvineyardtas@aapt.net.au



The Catholic Women's League Craft Shop is packed with lovingly handmade affordable goods, including knitting and smocked clothing and shawls, socks, gloves, scarves, toys, bags, handmade cards and much more. Proceeds enable the CWL to donate to several charities. Mathers Place, 108 Bathurst St, M-F 10am-3pm. Info via 6234 1513.

St Mary's Cathedral Planned Giving and Loose collections for June 23/24 were \$1169 and \$817 respectively. With thanks.

From Our Anniversary Book Zelinda and Donato Vacca, Gaetano and Giovanna Palmese, Krsto Kolega, Mallaburn Family, Gerald McShane, Ellen Lych, Frances Walker, Francis Shelverton, Mary Merrett, Giuseppina Gentile, Jean Foulkes, Bert Devereaux, Ricky Aiken, Vera Howell, Johanna Kinsella, Virgil Morgan, Stan Wieczorek, Nicolina Amorosa, Daniel Pearton, Sr. Marie Therese Pardoe, Pamela Smith, Attilio Minnucci, Michael Carroll, Angela Pardoe, Theresa Kader, Bernadette Rush, Bridget Smith, John Mahony, Addolorata Martelli, Meg Clark, Lloyd & Mallabury Families, George Watt, Alice Tyler, Moira Hart, Margaret Kregor, Gwendoline Dooley, Arthur Shelverton, Samuel Sheehan, John McErvale, Cecil Shirley, Sr. Frederick Carlon, LCM, Peter Parkes, Joan Toohey, Eleanor Okey, Brian Stokely, Barbara Dinon, Cyril Lowenstein, Franco Leon, Francis Gill, Dean Vincent Green, Mary Scullen, Ivo Corradetti, Catherine Absolom, Victoria Rigney, Riza Villanueva, Teresa Morgan, Jimmy Abraham, Jack Tierney, Mary Waters, Bruno Chinchella, Joan Pigot-Conant, Denis Shelverton May they rest in

Are you an Old Scholar of St Joseph's College/Mount **Carmel Primary/Mount Carmel College?** We are looking at instigating a story-telling project to tell our history. If you are interested in reminiscing about your school days, and would be happy to have your memories recorded, please call Anthony Chapman 62167900 or at anthony.chapman@mountcarmel.tas.edu.au

The Community of the Sons & Daughters of God is an order which encourages lay people to actively live out the grace of their baptism through a commitment to strive towards holiness. This is to be achieved by means of the Sacraments, in particular receiving the Eucharist, praying of the Liturgy of the Hours, listening, reading & meditating upon the Word of God and developing a way to live in the Divine Presence. The Community, through its structure, not only encourages us to live as Sons & Daughters of God, but also as Brothers and Sisters in Christ. Although the spirituality of the Community has a monastic flavour, lay people from all walks of life make up the first three branches of the order as it is in the Interior of our heart that we meet and form an intimate relationship with our Lord. The Community will hold its Annual Retreat & Spiritual Exercises from August 22-24 at Maryknoll. The program allows for flexible options to participate; starting from \$50 - for day participation through to \$385 - for live -in over the full program. For more info see pamphlets at back of both Churches or Anna Reussien 0458 763 096.

Dear Lectors please note! We have had to repair our lectern microphone numerous times as it is being pulled on very hard. You should not need to adjust it as it's very sensitive but you may, if really necessary, simply tilt the very end of it up or down. Please do not pull on it. Thank you!



30/1	SHC: 8.30am Sun	SMC : 6.00pm Sat	SMC : 10.30am Sun	SMC : 6pm Sun
Greeter		TBA	Romilda Amorosa	TBA
Lector	Eva Dunn Elizabeth Longo Peter Tierney	Colleen Stanford, Andrew Pinelli	Isaac Harradine, David Harradine	TBA, Margot Suber
EMOC		Sue Bailey, Norm Andrews	David Shelverton, Michael Midson, Maria Saracino	ТВА