



## MASS TIMES

### St Mary's Cathedral Hobart

**7.30am:** Tuesday - Friday  
**12.15pm:** Friday  
**6.00pm:** Saturday Vigil Mass  
**10.30am:** Sunday  
**6.00pm:** Sunday

### Sacred Heart Church New Town

**9.00am:** Tuesday - Thursday  
**8.00am:** Saturday  
**8.30am:** Sunday

**Lawrenny Court** (131 Hill St West Hobart)

**10.30am:** Friday

### ADORATION OF THE BLESSED SACRAMENT

#### St Mary's Cathedral Hobart

**11.00am:** Friday  
**6pm - 12am:** Friday (CRYPT)  
**5pm - 5.30pm:** Saturday

### RECONCILIATION

**11am - 12 Noon:** Friday  
**5.00pm - 5.30pm:** Saturday

## 1ST SUNDAY OF LENT YEAR C- 6TH FEBRUARY 2022

### PARISH NEWS FOR LENT:

Lent is a season of repentance and reflection. Stop and take time to understanding the meaning of the essential three pillars of Lent.

**Prayer** is conversation with God.

**Fasting** reminds us of our hunger for God

**Almsgiving** (giving) is a response to God.

**St Mary's Cathedral Parish** are offering different **faith formation activities** during Lent to draw you into a closer relationship with God. Come, be strong and brave and allow God to speak to you.

### Stations of the Cross with Reflections.

#### Every Friday during Lent at 6pm

11th March 2022—Sacred Heart Church

18th March 2022 - St Mary's Cathedral

25th March 2022 - Sacred Heart Church

1st April 2022 - St Mary's Cathedral

8th April 2022 - Sacred Heart Church



**Please take home a Project Compassion box and a set of donation envelopes to support Caritas Australia.**

Collect from foyer of St Mary's Cathedral and Sacred Heart Church. Project Compassion 2022 reminds us that the good that we do today will extend and impact the lives of generations to come to build better future for all.

**As St Pope John Paul II said, "The future starts today, not tomorrow."**



**Please access St Mary's Cathedral Parish Digital Subscription to FORMED**

Access is **FREE**. Go to *formed.org* and click

'Sign up'. On the next page select '**Sign up as a Parishioner**'. **Type in:** '**St Mary's Cathedral 164 Harrington St Hobart TAS**'. Enter your name and email address, and you will be sent an email – follow email instructions. For subsequent access, go to *formed.org*, then click 'sign in' and enter your email address.

### What's on FORMED this Lenten Season to watch

- **FORGIVEN**—The Transforming Power of Confession
- Daily Reflections with Dr Tim Gray
- Brother Francis series for children—Let's learn about Lent

**ROSARY TO THE BLESSED VIRGIN:** 7.30am Saturday at Sacred Heart Church, New Town followed by 8am Mass.

**NOVENA TO OUR LADY OF PERPETUAL HELP:** 11am Saturday on First floor in Cathedral Centre.

**ADORATION OF THE BLESSED SACRAMENT:** 11am Friday and 5pm Saturday in Cathedral and 6pm –12 midnight in Cathedral Crypt.

**RISEN LORD COMMUNITY TASMANIA:** 7pm Friday Prayer Service on First floor of Cathedral Centre.

### PARISH PASTORAL TEAM:

#### **Administrator:**

Fr Leonard Caldera

#### **Assistant Priests:**

Fr Paschal Opkon

Fr Fidelis Udousoro

#### **Deacon:**

Nick MacFarlane

#### **Pastoral Associate:**

Sr Monica Shelverton PBVM

### PARISH OFFICE:

#### **Office Hours:**

(MONDAY - FRIDAY)

**9am - 3pm**

180 Harrington Street

Hobart 7000

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#### **E-Mail:**

cathedral@aohtas.org.au

#### **Website:**

[www.stmaryscathedralhobart.org.au](http://www.stmaryscathedralhobart.org.au)

#### **Facebook:**

[www.facebook.com/cathedralparishhobarttasmania](https://www.facebook.com/cathedralparishhobarttasmania)

#### **Parish Secretary**

Jane McKeown

#### **Director of Music**

Benedict Mackey



**St Mary's  
Cathedral  
Parish**

## How did the season of Lent Develop?

The word Lent is from an Old English term meaning springtime, and by the second century the term was being used to describe the period of individual fasting, almsgiving and prayer in preparation for Easter. Among the Christians of the first three centuries, only those aspiring for baptism — the catechumens — observed a defined period of preparation, and that time lasted only two or three days. The idea of Lent being 40 days in length evolved over the next few centuries, and it is difficult to establish the precise time as to when it began. Among the canons issued by the Council of Nicaea, the Church leaders, in Canon Five, made reference to Lent: “and let these synods be held, the one before Lent that the pure gift may be offered to God after all bitterness has been put away, and let the second be held about autumn.” The language of this canon seems to validate that Lent, in some fashion, had by the fourth century been established and accepted by the Church. While the exact timing and extent of Lent both before and after the Nicaea council is unclear, what is clear from historical documents is that Christians did celebrate a season of Lent to prepare themselves for Resurrection Sunday and used a variety of ways to do so.

That Lent evolved into a period of 40 days in length is not surprising as there are numerous biblical events that also involved 40 days. Moses was on Mount Sinai receiving instructions from God for that number of days (see Ex 24:18); Noah and his entourage were on the Ark waiting for the rains to end for 40 days and 40 nights (Gn 7:4); and Elijah “walked forty days and forty nights to the mountain of God, Horeb” (1 Kgs 19:8). Mostly, though, the 40

days of Lent identifies with the time our Lord Jesus spent in the desert fasting, praying and being tempted by the devil (Mt 4:1-11). “By the solemn forty days of Lent the Church unites herself each year to the mystery of Jesus in the desert” (Catechism, No. 540).

There is, therefore, evidence that by the end of the fourth century Christians were participating in a 40-day Lent before Easter. The dilemma now became how to count the 40 days. In the Latin Church, six weeks were used to identify the Lenten period, but you didn't fast on Sundays, so six Sundays were subtracted and there remained only 36 fasting days. In the early seventh century, St. Pope Gregory I the Great (r. 590-604) resolved this situation by adding as fast days the Wednesday, Thursday, Friday and Saturday before the first Sunday of Lent. Thus the Lenten 40-day fast, or the Great Fast as it was known, would begin on a Wednesday.

Initially, people fasted all 40 days of Lent. They ate one meal a day and only an amount of food that would sustain survival. But the Church taught, and people believed (then as now), that fasting is not about what we eat, it is about changing hearts, interior conversion, reconciliation with God and others. It's about living in an austere way, giving from our abundance to the poor. St. John Chrysostom (347-409) explained it this way: “Do you fast? Give me proof of it by your works! ... If you see a poor man, take pity on him! If you see an enemy, be reconciled to him! If you see a friend gaining honour, envy him not!” (Homily on the Statutes, III.11).

**D.D.Emmons**



**Anatercia 12**, was struggling to cope with adult responsibilities after her father died. Then she participated in Caritas Australia-supported training and gained access to psychosocial supports. Now, her quality of life has improved and she can focus on school.

**Please donate to Project Compassion 2022 to help young people succeed in the future and bring stability to vulnerable youth like Anatercia.**

Together, we can help vulnerable communities face their challenges today and build a better tomorrow

**For All Future Generations.**

You can donate through Project Compassion donation boxes and envelopes available from your Parish, by visiting [lent.caritas.org.au](http://lent.caritas.org.au),



## From our Anniversary Book

Ettore Di Martino, Patrick Harnett, Frederick Banks, Annie Lawler, Br. Dominikus Tischmacher, Geoffrey Whittaker, Barbara Pitt, Josephine Grey, Eugenio Labbrozzi, Albert Wood, Alice Stubbs, Daisy Ryan, Louis Gillon, Raymond Doran, Angela Di Tommaso, Kath Case, Eileen Bowden, Hugh McConalogue, Laurence Simpson, George Flaska, Alma Horne, Myra Tillack, Pauline Frances Watts, Dennis Connolly, Leonard Nash, Leonard Carr, Mona Donovan, Noreen Deayton, William Zeeman, Thomas Davis, Luciano Longo, Vecchione Famly, Matrondola Family, Dorothea Connor, Mary Pugh, Helene Matterson, Kitt Martin, Ian Lowe, Mary Atkins, Desmond Orpwood, William Byrne, Gladys Imlach, Noel Logan, Sr Gerard Rawley PBVM, and Sr Stanislaus Collins PBVM

**May they rest in peace !**



St Mary's Cathedral Parish embraces and wholeheartedly supports the Archdiocese of Hobart Safe Communities Policy and Framework.



## St Patrick's Pilgrimage

19TH - 20TH MARCH 2022



**When:** Saturday 19th and Sunday 20th March  
**Where:** St John's Catholic Church Richmond to St Patrick's Catholic Church Colebrook.

**Who:** 16 to 35 age group

The pilgrimage is a 41 km two day pilgrimage with pilgrims camping overnight approximately halfway on private property in a beautiful remote location. It is a joyful and purposeful pilgrimage that has for a number of years now provided pilgrims with great encouragement in their faith walk.

**To Register** visit [eventbrite.com.au](https://eventbrite.com.au) and enter St Patrick's Pilgrimage 2022 or contact [youth@aohtas.org.au](mailto:youth@aohtas.org.au)

### SYNOD OF BISHOPS - EXTENSION:

The local consultation period for the international Synod on Synodality has been extended. **Submissions can**

**now be received through the online portal until Sunday March 13.** Don't miss out on this chance to take part in a global conversation about the Catholic Church. How are we called to walk together as Christians? How can we listen to one another in making important

decisions about our faith and our mission? You will have noted that the portal limits submissions to 250 words or



less.

**Larger submissions via letters and emails can be forwarded directly to the diocesan contact up until COB 25 March 2022.**

Find out more at: <https://catholic.org.au/synodalchurch>

WHAT'S NEW?

### Interested in Becoming Catholic?

Longing for a relationship with God? Do you want to get to know Jesus Christ? Never been baptised but interested in what it's all about? If you've got questions and would like to know more about the process of becoming Catholic.

Please contact Christine Wood on 6208-6236 or [christine.wood@aohtas.org.au](mailto:christine.wood@aohtas.org.au)

### POPE FRANCIS PRAYER FOR MARCH

#### A Christian Response to Bioethical Challenges

We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.

#### LOOKING FOR A FAMILY



#### ACTIVITY DURING LENT

Check out FORMED Sign Up as a Parishioner and Watch on FORMED <https://watch.formed.org/living-lent-as-a-family>

### GOSPELS FOR THE COMING WEEK

Monday 7th March - **St Perpetua and Felicity**  
Matthew 25:31-46  
Tuesday 8th March - **St John of God**  
Matthew 6:7-15  
Wednesday 9th March - **St Francis of Rome**  
Luke 11: 29-32  
Thursday 10th March  
Matthew 7: 7-12  
Friday 11th March  
Matthew 5: 20-26  
Saturday 12th March  
Matthew 5: 43-48

### NEXT SUNDAY'S READINGS - 2nd Sunday of Lent

Genesis: 15:5-12, 17-18 Psalm 26:1,7-9,13-14  
Philippians 3:17-4:1 Luke: 9:28-36

**Pray and Hear the Good News**

## Children's Corner

During the season of Lent, we prepare for Holy week and Easter by focusing on our faith and love for God. Write down some ways you can do this.

Read a passage from Luke's Gospel every night before I go to bed.

## PRAYER FOR PEACE AND JUSTICE IN UKRAINE

God of peace and justice, who change the hardened heart and break the power of violence, we entrust the people of Ukraine to you.

Protect them in this time of peril; let them know not death but life, not slavery but freedom.

You are Father of all; we are brothers and sisters.

Give us the strength to live that truth in love, choosing peace not war.

Through Christ our Lord.

Amen.



Australian Catholic Bishops Conference

### PLEASE PRAY FOR:

St Mary's Cathedral Parish Sacramental Program  
All who have been affected by natural disasters in Australia  
Sick Parishioners within the Parish  
Unity within the world

## READINGS OF THE DAY - 1ST SUNDAY OF LENT - YEAR C

### **First Reading**

Deuteronomy 26:4-10

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me." You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

**Responsorial Psalm** Psalm 90:1-2. 10-15. R. v.15

(R.) **Be with me, Lord, when I am in trouble.**

1. He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: 'My refuge, my stronghold, my God in whom I trust!'
2. Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in all your ways.
3. They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon.
4. His love he set on me, so I will rescue him; protect him for he knows my name. When he calls I shall answer: 'I am with you.' I will save him in distress and give him glory.

### **Second Reading**

Romans 10:8-13

Scripture says: The word, that is the faith we proclaim, is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

### **Gospel Acclamation**

**Praise to you, Lord Jesus Christ, king of endless glory!**

No one lives on bread alone,  
but on every word that comes from the mouth of God.

**No Praise to you, Lord Jesus Christ, king of endless glory!**

### **Gospel**

Luke 4:1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.'

But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says:

You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God', he said to him 'throw yourself down from here, for scripture says:

He will put his angels in charge of you to guard you, and again: They will hold you up on their hands in case you hurt your foot against a stone.'

But Jesus answered him, 'It has been said:

You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.



### **REFLECTION FOR THE WEEK**

The Gospel today highlights one of the fundamental themes of the Season of Lent. As sons and daughters of God we are dependent on him for all that we have on this earth and all that we are. Anything that leads us to take away this dependency or to distrust God, is a temptation from the devil.

Each temptation that Jesus faces gives us an insight into the spirituality we hope to develop as we journey through the forty days of this Season of Lent. We can trust God to provide for our material needs. We worship God because God alone has protection over us and our world. We can trust God to be faithful to his promises. Jesus grounded himself on the Word and authority of Scripture, Jesus rebukes the devil by his confidence in God's protection and faithfulness.

Jesus' responses to the temptations of the devil teach us how we can respond to temptation.

As you start your journey through Lent, the Gospel today calls us to adopt the same confidence that Jesus had in the face of temptation: God's word alone will be sufficient, God's promise of protection can be trusted, and God alone is God.

God is asking us to trust in his love, because Jesus is there to help us navigate our own dangerous deserts.