

AHC



St Mary's
Cathedral
Archdiocese of Hobart

ST MARY'S CATHEDRAL PARISH

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OFFICE HOURS:

9AM - 3PM

MONDAY - FRIDAY

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FACEBOOK:

www.facebook.com/
cathedralparishhobarttasmania

Parish Secretary

Jane McKeown

PARISH PASTORAL TEAM:

Administrator:

Fr Leonard Caldera

Assistant Priests:

Fr Paschal Opkon
Fr Fidelis Udousoro,

Deacon:

Nick MacFarlane

Pastoral Associate:

Sr Monica Shelverton PBVM



MASS TIMES

St Mary's Cathedral Hobart

7.30am: Tuesday - Friday
12.15pm: Friday
6.00pm: Saturday Vigil Mass
10.30am: Sunday
6.00pm: Sunday

Sacred Heart Church New Town

9.00am: Tuesday - Thursday
8.00am: Saturday
8.30am: Sunday

Lawrenny Court (131 Hill St West Hobart)

10.30am: Friday

ADORATION OF THE BLESSED SACRAMENT

St Mary's Cathedral Hobart

11.00am: Friday
6pm - 12am: Friday (CRYPT) **5pm - 5.30pm:** Saturday

RECONCILIATION

11am - 12 Noon: Friday
5.00pm - 5.30pm: Saturday

5th SUNDAY OF ORDINARY TIME YEAR C - 6th FEBRUARY 2022

WORD OF GOD SUNDAY

The Church in Australia celebrates the Sunday of the Word of God on the first Sunday in February – February 6 in 2022. Pope Francis established the day, which is devoted to “the celebration, study and dissemination” of the Word of God.

Visit www.catholic.org.au/wordofgodsunday to access resources to help commemorate the day and for suggestions on how to better engage with Sacred Scripture in various ways and settings.

PARISH NEWS

My dear parishioners, we are managing COVID 19 requirements within St Mary's Cathedral Parish as directed by the Tasmanian Government and detailed in the Direction under the Public Health Act 1997, we need to follow the Public Health Orders.

Please kindly observe all the COVID 19 safety regulations by using the Check-In QR Codes and hand sanitise as you enter any Cathedral Parish buildings and **Do Not Enter** any Cathedral Parish buildings if you:-

- Have COVID 19
- Have been instructed to quarantine
- Are unwell, including with fever, respiratory symptoms, eg: shortness of breath, cough, sore throat.

Please kindly observe the mandatory mask requirement within St Mary's Cathedral, Sacred Heart Church and all other Cathedral Parish buildings. Thank-you for your understanding and patience.

The Eucharist is the source and summit of Christian life and the reception of Holy Communion is of pivotal importance to all Christians. Due to COVID 19 safety regulations and the concerns of parishioners **may I kindly urge those parishioners who wish to receive communion on the tongue to please receive the Eucharist at the end of Communion.**

I thank you all for your understanding and co-operation. **Fr Leonard Caldera**



We give thanks for Brother Vinco Muriyadan who for the past 2 years has completed his pastoral placement within our parish community. Brother Vinco has been transferred to St Bernards Parish in Claremont. As a parish community we have been truly blest and grateful for his involvement with the Youth program and other parish activities. We will miss his expertise skills at the Coffee Café sessions, his positive attitude and enthusiasm. Congratulations on your new placement. We pray for his God given ministry.

Happy 50th Anniversary

Our two (2) Senior altar servers are celebrating 50 years since their wedding in this Cathedral on the 5th February 1972. A Nuptial Mass celebrated by Fr Rogers, Fr Donohoe, Fr Mitchell and with Fr John Hayres on the trumpet with organist Tom Howe. They serve together with their son Luke every 2nd Sunday evening.

Congratulations Marilyn and Peter

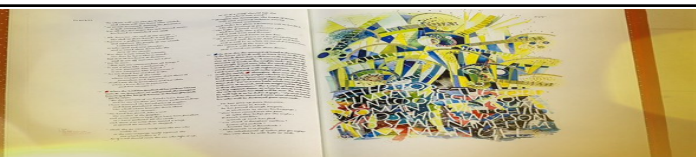
Important Announcement for EVERYONE attending churches for Mass.

It is **MANDATORY** for every person 16 years of age or older who enters the Sacred Heart Church, the Cathedral and Cathedral Centre for any reason is required to **provide their information for contact tracing using the Free Check in TAS app or by the written visitor's register.** This is a direction from Tasmania Government. Non compliance may result in a fine.



WORD OF GOD SUNDAY

FEBRUARY 6, 2022



Start Praying with the Word of God (Lectio Divina)

FR. ED BROOM, OMV

Pope Benedict XVI encouraged us to go deeper in our prayer life by using a classical method—Lectio Divina. The Pontiff strongly exhorted followers of Christ to utilize the Word of God as fertile ground for delving into the depths of prayer.

Our intention in this short article is to offer the steps the Holy Father suggests and a touch more to motivate us to never tire in growing in our union with God through a deeper prayer life. Prayer has no limits given that prayer is union with an eternal and infinite God!

Here are the steps....

A) Lectio

Take in your hands the spiritual text you have chosen to meditate upon and then read it. However, before beginning to read, invite the Holy Spirit, known as the Interior Master, to help you in prayer. Then the prayer of the young Samuel can be yours: "Speak, O Lord, for your servant is listening."

What a privilege you have—that God now wants to speak to your heart!

B) Meditatio

Now we want to apply the use of our memory and understanding to understand what God is trying to say to us through this text. Rejoice in the fact that God right now has a special message He wants to communicate to you through this reading and meditation!

Be open to God; think and pray. Be bold enough to ask the Lord: "Lord God, exactly what is the message you want to communicate to my heart and life right now?" The Holy Spirit hears you and will respond!

C) Contemplatio

Now utilize another mental faculty that God has endowed you with: the use of your imagination! We all have an imagination—maybe a very vivid imagination. However, the imagination is like a two-edged sword; it can be used for good or for evil.

For evil, as a married person, it could happen daydreaming about a past girlfriend, thereby committing adultery of the mind, leading to adultery of the heart. The imagination used for good might be to imagine walking side by side with the Good Shepherd (Psalm 23/John 10) and contemplating the loving gaze of the Good Shepherd peering into your eyes, hearing His gentle and reassuring voice, and experiencing His strong but loving embrace

around your weary shoulder. In sum, our imagination must be trained for the pursuit of good.

D) Oratio

Now we have arrived at the very heart of the essence and purpose of Lectio Divina and prayer itself—oratio, meaning prayer. When the mind or imagination sparks an idea that descends to the heart, it is time to open up in prayer. Now open up your heart and talk to the Lord in the simplest, trusting and intimate way.

Our Lord is a great God, but He is never too busy for us and always ready and willing to listen to us whenever we decide to talk to Him. This conversation with the Lord can be a few minutes, a half an hour, an hour—whatever length the good Lord inspires in the depths of your heart.

E) Accio

Authentic prayer must be brought into the reality of our lives. The acid test to prove that prayer is indeed authentic is by the manifestation of how prayer has affected our lives. Jesus Himself reminds us that we can tell the tree by its fruits. A good tree will bring forth good fruit; a bad tree will bring forth bad fruit. A person who is truly praying with sincerity, honesty, rectitude of intention, and love for God will bring forth fruits or virtues in his/her life. From the tree of his life will blossom and flourish the following: faith, hope, love, humility, purity, meekness, patience, obedience, self-control, mortification, and fortitude.

Our Lady is our example at all times. In the Annunciation we contemplate Mary in prayer as a contemplative. In the Visitation, after Mary finishes her prayer, she hurries to bring the fruits of her prayer in service to her cousin Elizabeth! May Our Lady's example motivate us to be "Contemplatives in action."

F) Transformacio

Indeed, if our Lectio Divina is true, authentic, the "Real-thing" then there will be a gradual transformation in our daily lives! There is a saying: "Tell me with whom you associate and I will tell you who you are." Another one of those timely proverbs of the past hammers it home: "Birds of the flock stick together." Our aim should be to implement the words of the great Apostle Saint Paul: "It is no longer I who live, but it is Christ who lives in me." This is the ultimate goal of Lectio Divina and all authentic Prayer - the imitation of Jesus Christ, the following in His footsteps, and the transformation into His very essence and being.

Hope this is helpful for you as we celebrate the Word of God Sunday.

From Our Anniversary Book

Zelinda and Donato Vacca, Patrick Crisp, Maria Carr, Pamela Steele, Jack Murrawood, Aileen Stuart, Joan King, David Harris, Georgie Wilkes Basilio Gabriel, Joseph Fisher, Leo Brooks, Maria Ausilia, Pompeo Marino, Domenico D'Angelo, Ottavio Giusti, Ernest Williams, Phyllis Burke, Monica O'Kane, Leon Brue, Nell Cox, Bruce Hudson, Errol Power, Fr. Clem Kilby, Ronald Williams, Lance Fitzgerald, Thomas Landers, Eric O'Neil, Celeste Thomson, Cordelia Solomon, Paolo Scavone, Ursula Polson, Mima Davie, Rev.Fr. Vincent Shelverton, Sybil Saunders, Donald Ferrall, Giulia and Pasquale Longo, Gladys Tehan, Vera Mason, Jack Carroll, John Martin, Yvette Flynn, Maria Bertolotti, Emily Davis, Charles McCarthy, David Halton, James Brickhill, Peter Allen

May they rest in peace !



Marriage Masses for the Renewal of Vows:

This will be celebrated by Archbishop Julian Porteous on **Sunday 13th February, 2022 at St Mary's Cathedral, Hobart at 10.30am** and Sunday 20th February, 2022 at the Church of the Apostles, Launceston at 10.30am.

Couples celebrating Catholic Marriage milestones including couples in the early years of marriage (1st, 5th and 10th anniversaries) are invited to RSVP to the Office - of Life, Marriage and Family by emailing ben.smith@aohtas.org.au or on 6208 6036.

Catholic married couples will receive a special acknowledgement from Archbishop Julian on the day.



ROSARY TO THE BLESSED VIRGIN: 7.30am Every Saturday at Sacred Heart Church, New Town followed by 8am Mass.

NOVENA TO OUR LADY OF PERPETUAL HELP: has recommenced on 5th February 2022. 11am - First floor in Cathedral Centre.

ADORATION OF THE BLESSED SACRAMENT:

11am Friday and 5pm Saturday in Cathedral and 6pm - 12 midnight in Cathedral Crypt.

RISEN LORD COMMUNITY

TASMANIA: 7pm Friday Prayer Service on First Floor of Cathedral Centre.

WORD OF GOD SUNDAY

RESOURCE READING:

Pope Francis' 2019 apostolic letter - *Aperuit Illis*

http://www.vatican.va/content/francesco/en/motu_proprio/documents/papa-francesco-motu-proprio-20190930_aperuit-illis.html

The letter encouraged the celebration, study and dissemination of the Word of God.

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Amen
THE FREE CATHOLIC PRAYER APP

GOSPELS FOR THE COMING WEEK

Monday 7th February	Mark 6: 53-56
Tuesday 8th February - <i>St Jerome Emiliani and St Josephine Bakhita</i>	Mark 7: 1-13
Wednesday 9th February	Mark 7:14-23
Thursday 10th February - <i>St Scholastica</i>	Mark 7: 24-30
Friday 11th February - <i>Our Lady of Lourdes & World Day of Prayer for the Sick</i>	Mark 7: 31-37
Saturday 5th December	Mark 8: 1-10

NEXT SUNDAY'S READINGS - 6th Sunday of Ordinary Time

Jeremiah	17:5-8	Psalms 1:1-4 R. 39:5
1 Corinthians	15:12,16-20	Luke 6:17,20-26

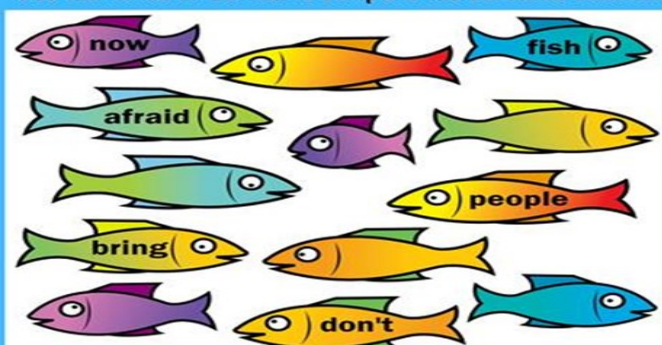
Interested in Becoming Catholic? Longing for a relationship with God? Do you want to get to know Jesus Christ? Never been baptised but interested in what it's all about? If you've got questions and would like to know more about the process of becoming Catholic, Please contact Christine Wood on 6208-6236 or christine.wood@aohtas.org.au

Word of God Prayer

Come, O Holy Spirit
and give me a pure heart
ready to love Christ the Lord
with the fullness, depth and joy
that you alone know how to give.
Give me a heart as pure
like that of a child
that does not know evil
except to fight it and flee from it.
Come, O Holy Spirit
and give me a big heart
open to your inspiring Word
and closed to every petty ambition.
Give me a big and strong heart
capable of loving everyone
determined to endure for them
every trial, boredom and weariness,
every disappointment and offence.
Give me a big and strong heart
persevering in sacrifice,
happy only to beat with the heart
of Christ and able humbly, faithfully and
courageously to do the will of God.
Amen

Children's Corner

Use the words in the fish to complete the sentence below....



READINGS OF THE DAY - 5TH SUNDAY OF ORDINARY TIME - YEAR C

First Reading

Isaiah 6:1-8

In the year of King Uzziah's death I saw the Lord seated on a high throne; his train filled the sanctuary; above him stood seraphs, each one with six wings. And they cried out to one another in this way, 'Holy, holy, holy is the Lord of hosts. His glory fills the whole earth.'

The foundations of the threshold shook with the voice of the one who cried out, and the Temple was filled with smoke. I said: 'What a wretched state I am in! I am lost, for I am a man of unclean lips and I live among a people of unclean lips, and my eyes have looked at the King, the Lord of hosts.'

Then one of the seraphs flew to me, holding in his hand a live coal which he had taken from the altar with a pair of tongs. With this he touched my mouth and said: 'See now, this has touched your lips, your sin is taken away, your iniquity is purged.' Then I heard the voice of the Lord saying: 'Whom shall I send? Who will be our messenger?' I answered, 'Here I am, send me.'

Responsorial Psalm Ps 137:1-5, 7-8. R. v.1

(R.) **In the sight of the angels I will sing your praises, Lord.**

1. I thank you, Lord, with all my heart,
you have heard the words of my mouth.
Before the angels I will bless you.
I will adore before your holy temple.
2. I thank you for your faithfulness and love
which excel all we ever knew of you.
On the day I called, you answered;
you increased the strength of my soul.
3. All earth's kings shall thank you
when they hear the words of your mouth.
They shall sing of the Lord's ways;
'How great is the glory of the Lord!'
4. You stretch out your hand and save me,
your hand will do all things for me.
Your love, O Lord, is eternal,
discard not the work of your hands.

Second Reading

1 Corinthians 15:1-11

Brothers, I want to remind you of the gospel I preached to you, the gospel that you received and in which you are firmly established; because the gospel will save you only if you keep believing exactly what I preached to you – believing anything else will not lead to anything. Well then, in the first place, I taught you what I had been taught myself, namely that Christ died for our sins, in accordance with the scriptures; that he was buried; and that he was raised to life on the third day, in accordance with the scriptures; that he appeared first to Cephas and secondly to the Twelve. Next he appeared to more than five hundred of the brothers at the same time, most of whom are still alive, though some have died; then he appeared to James, and then to all the apostles; and last of all he appeared to me too; it was as though I was born when no one expected it. I am the least of the apostles; in fact, since I persecuted the Church of God, I hardly deserve the name apostle; but by God's grace that is what I am, and the grace that he gave me has not been fruitless. On the contrary, I, or rather the grace

of God that is with me, have worked harder than any of the others; but what matters is that I preach what they reach, and this is what you all believed.

Gospel Acclamation

Alleluia, alleluia!

Come follow me, says the Lord,
and I will make you fishers of my people.
Alleluia!

Gospel Lk 5:1-11

Jesus was standing one day by the lake of Gennesaret, with the crowd pressing round him listening to the word of God, when he caught sight of two boats close to the bank. The fishermen had gone out of them and were washing their nets. He got into one of the boats – it was Simon's – and asked him to put out a little from the shore. Then he sat down and taught the crowds from the boat. When he had finished speaking he said to Simon, 'Put out into deep water and pay out your nets for a catch.' 'Master,' Simon replied 'we worked hard all night long and caught nothing, but if you say so, I will pay out the nets.' And when they had done this they netted such a huge number of fish that their nets began to tear, so they signalled to their companions in the other boat to come and help them; when these came, they filled the two boats to sinking point. When Simon Peter saw this he fell at the knees of Jesus saying, 'Leave me Lord; I am a sinful man.' For he and all his companions were completely overcome by the catch they had made; so also were James and John, sons of Zebedee, who were Simon's partners. But Jesus said to Simon, 'Do not be afraid; from now on it is men you will catch.' Then, bringing their boats back to land, they left everything and followed him.

REFLECTION FOR THE WEEK

GOD ALONE CAN SAVE US

The Church teaches that "Sin is an offense against reason, truth and right conscience; it is a failure in genuine love for God and neighbour caused by a perverse attachment to certain goods. It wounds the nature of man and injures human solidarity." CCC 1849.

In all the readings of today, there is a cry for help. The prophet Isaiah and the apostles Paul and Peter all confess their unworthiness before God. Isaiah confesses that he is 'a man of unclean lips, living among people of unclean lips', Paul says 'I am *the least* of the apostles since I persecuted the Church', and Peter cries out saying – 'Leave me, Lord; I am a sinful man.' What we find in these confessions is not lip service, rather a genuine cry for help. It is a true desire to turn away from sins in order to be used by God for his glory and the sanctification of souls.

No living being is perfect, *Psalm 143:2*, yet God works powerfully through those who acknowledge his power to save. God is more interested in saving not destroying. Let us seek him with humble hearts whenever we fall.

