



## MASS TIMES

### St Mary's Cathedral Hobart

**7.30am:** Tuesday - Friday  
**12.15pm:** Friday  
**6.00pm:** Saturday Vigil Mass  
**10.30am:** Sunday  
**6.00pm:** Sunday

### Sacred Heart Church New Town

**9.00am:** Tuesday - Thursday  
**8.00am:** Saturday  
**8.30am:** Sunday

**Lawrenny Court** (131 Hill St West Hobart)

**10.30am:** Friday

### ADORATION OF THE BLESSED SACRAMENT

#### St Mary's Cathedral Hobart

**11.00am:** Friday  
**6pm - 12am:** Friday (CRYPT)  
**5pm - 5.30pm:** Saturday

#### RECONCILIATION

**11am - 12 Noon:** Friday  
**5.00pm - 5.30pm:** Saturday

## 7TH SUNDAY OF ORDINARY TIME YEAR C- 20TH FEBRUARY 2022

### PARISH NEWS:

- Fr Leonard will be away from the Parish until the middle of March. He has gone home to his family. As a parish community, we pray for Fr Leonard to have a peaceful and fulfilling time and return safely to Hobart.
- **The Parish Sacramental Program for children begins this Sunday**, with sessions being organised jointly with our parish schools and children within the Parish. Please pray for the Sacramental Team, the Catechists, the Children and Parents as their journey together through the program.
- Just a reminder that the **diocesan consultation phase for the Ordinary Synod of Bishops 2021-23 is coming to an end on Sunday 27 February 2022**. The online portal for individuals (aged 16+) and groups across Australia to make their 250 word submissions will be shut down from this time as the NCPR begins its work to collate the data received.
- **Changes to Check in TAS requirements dated 18 February 2022**  
**From 6.00pm Friday 18 February there are changes to where you must use Check in TAS**

Public Health have reviewed the Contract Tracing Direction and determined that lower-risk settings, where people spend less time and there is less risk of transmission, will no longer be required to use Check in TAS.

For those businesses and venues that are no longer required to use Check in TAS, they need to remove signage from display including QR codes and any paper based check-in used to collect contact information. The QR codes should be kept safe in case they are required in the future.

While we transition to living with COVID-19, it remains important for everyone to continue to follow the rules and maintain COVID-safe behaviours when you are out and about, including wearing face masks in public indoor spaces, practicing physical distancing and hand hygiene.

For more information visit [www.checkin.tas.gov.au](http://www.checkin.tas.gov.au)

**ROSARY TO THE BLESSED VIRGIN:** 7.30am Saturday at Sacred Heart Church, New Town followed by 8am Mass.

**NOVENA TO OUR LADY OF PERPETUAL HELP:** 11am Saturday on First floor in Cathedral Centre.

**ADORATION OF THE BLESSED SACRAMENT:** 11am Friday and 5pm Saturday in Cathedral and 6pm - 12 midnight in Cathedral Crypt.

**RISEN LORD COMMUNITY TASMANIA:** 7pm Friday Prayer Service on First floor of Cathedral Centre.

### PARISH PASTORAL TEAM:

#### **Administrator:**

Fr Leonard Caldera

#### **Assistant Priests:**

Fr Paschal Opkon  
 Fr Fidelis Udousoro

#### **Deacon:**

Nick MacFarlane

#### **Pastoral Associate:**

Sr Monica Shelverton PBVM

### PARISH OFFICE:

#### **Office Hours:**

(MONDAY - FRIDAY)

**9am - 3pm**

180 Harrington Street  
 Hobart 7000

**Phone:** 03 62344463

#### **E-Mail:**

[cathedral@aohtas.org.au](mailto:cathedral@aohtas.org.au)

#### **Website:**

[www.stmaryscathedralhobart.org.au](http://www.stmaryscathedralhobart.org.au)

#### **Facebook:**

[www.facebook.com/cathedralparishhobarttasmania](https://www.facebook.com/cathedralparishhobarttasmania)

#### **Parish Secretary**

Jane McKeown

#### **Director of Music**

Benedict Mackey



**St Mary's  
 Cathedral  
 Parish**

## **Methods of Prayer in the Church**

### **Prayer as Petition**

"Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God" (Phil 4:6-7).

Prayer of petition, quite simply, is asking for God's help. Throughout the Gospels, Jesus encourages us to place our needs before God in prayer. In giving us the Lord's Prayer (Mt 6:9-13), Jesus instructs us to ask God for what we need, trusting that God both knows our needs and loves us enough to give us what is good for us. "Which one of you would hand his son a stone when he asks for a loaf of bread, or a snake when he asks for a fish? If you then, who are wicked, know how to give good gifts to your children, how much more will your heavenly Father give good things to those who ask him" (Mt 7:9-11).

At the same time, Jesus emphasizes in the Lord's Prayer that we need to express, along with our needs, our willingness to accept God's will. Jesus, in his own prayer at Gethsemane, offers an example of how to pray this way: "Father, if you are willing, take this cup away from me; still, not my will, but yours, be done" (Lk 22:42).

In all humility, we reach out to God, knowing that he is the source of all good things, including forgiveness. Prayers of contrition, expressing sorrow for our sins and asking for God's mercy, help to bring us back into communion with God and each other, according to the Catechism of the Catholic Church (see No. 2631). Psalms 51 and 130 are beautiful expressions of prayers of contrition. In the Parable of the Pharisee and the Tax Collector (Lk 18:9-14), the prayer, "O God, be merciful to me, a sinner!" is a humble prayer of contrition.

Many of the psalms are prayers of petition, often including themes of contrition (Psalms 51 and 130, for example) and need for protection (Psalms 4, 6, 10, 13, and 17, among many others). Some psalms, such as 94, 98, 99, 137, and 147, also express anticipation of the coming of God's Kingdom, just as Jesus echoes, "Your kingdom come, your will be done, on earth as in heaven" (Mt 6:10).

Prayers of petition are often very spontaneous: "God, help me!" Even if we feel far from God, we are

able, in our supplication, to turn to him for help. Every need, the Catechism reminds us, "can become the object of petition" (No. 2633). We should not be afraid to approach God to entrust him with our needs, in ordinary times as well as desperate ones. Bringing these needs to God is a humble way to acknowledge his goodness, kindness, power, and mercy. Even in the most difficult times, when "God, help me!" or "God, help us!" is as much as we can muster, we are encouraged to ask for God's help.

We are also encouraged to persevere in this kind of prayer. In the parable of the persistent widow (Lk 18:1-8), Jesus underscores the need to "pray always without becoming weary." God hears and answers those who have faith, and that faith is shown in our determination not to give up when our prayer is not answered immediately or in the way we expect.

### **Where do we see this in the Mass?**

One of the first things we do at Mass is pray for God's mercy and forgiveness of our sins during the Penitential Act. Just before the Eucharistic Prayer, we petition God to accept and bless the gifts we offer to him. One of the options for the Memorial Acclamation contains a prayer of petition: "Save us, Savior of the world, for by your Cross and Resurrection you have set us free." The Lord's Prayer and Lamb of God are both prayers of petition, as is our prayer after the Lamb of God: "Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed." By the time we approach the altar to receive the Lord in the Eucharist, we have prayed for God's mercy at least four times.

### **What do the saints say about prayer of petition?**

"God bestows many things on us out of His liberality, even without our asking for them: but that He wishes to bestow certain things on us at our asking, is for the sake of our good, namely, that we may acquire confidence in having recourse to God, and that we may recognize in Him the Author of our goods." (St. Thomas Aquinas, Summa Theologica)

**Barb Szyszkiewicz, a Secular Franciscan, is editor at CatholicMom.com**

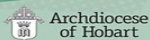


**Remember** is a 72 –page full colour book containing short daily reflections (from Ash Wednesday to Easter Sunday) perfect for individual devotional reading in addition to longer-form Sunday Scripture readings and reflections, prayer and questions that traditionally form part of Lenten group gatherings. **Copies are limited. \$10 a book. The books will be for sale from the Parish Office.**

Get involved. Share the experience with a friend, with a group of family members, as a family or as a married couple and let the Spirit of the Lord guide you during Lent.

# St Patrick's Pilgrimage

19TH - 20TH MARCH 2022



**When:** Saturday 19th and Sunday 20th March  
**Where:** St John's Catholic Church Richmond to St Patrick's Catholic Church Colebrook.

**Who:** 16 to 35 age group  
 The pilgrimage is a 41 km two day pilgrimage with pilgrims camping overnight approximately halfway on private property in a beautiful remote location. It is a joyful and purposeful pilgrimage that has for a number of years now provided pilgrims with great encouragement in their faith walk.

**To Register** visit [eventbrite.com.au](http://eventbrite.com.au) and enter St Patrick's Pilgrimage 2022 or contact [youth@aohtas.org.au](mailto:youth@aohtas.org.au)

## Interested in Becoming Catholic?

Longing for a relationship with God? Do you want to get to know Jesus Christ? Never been baptised but interested in what it's all about? If you've got questions and would like to know more about the process of becoming Catholic.

Please contact Christine Wood on 6208-6236 or [christine.wood@aohtas.org.au](mailto:christine.wood@aohtas.org.au)

## St Helen's Catholic Church

**Celebrates 100 years**

**When:** Saturday 5th March

**Where:** St Helen's Catholic Church—Cecilia Street

**Time:** 1.30pm for photos and displays.

3pm Mass celebrated by Archbishop Julian Porteous

WHAT'S NEW?

## Risen Lord Community

**Summer Retreat happening 24th-26th February 2022.**

Please register in advance for this meeting:

<https://us02web.zoom.us/j/8456284828>  
[tZUqceChqDsuHN2g uF9ycNEvMUC2QdEZZQ](https://us02web.zoom.us/j/8456284828)

After registering, you will receive a confirmation email containing information about joining the meeting.

Don't forget to share this with others

[https://youtu.be/n\\_QUP1iGq-k](https://youtu.be/n_QUP1iGq-k)



**SYNOD OF BISHOPS:** People around the world have been participating in an international conversation about the Catholic Church. You are invited to join the discussion, helping shape a major global meeting in 2023. **You have one more week to make a**

**submission to your local consultation for the international Synod on Synodality**, calling the People of God to walk together in our mission as Christians.

Find out more at: <https://catholic.org.au/synodalchurch>

## GOSPELS FOR THE COMING WEEK

Monday 21st February - **St Peter Damian**

Mark 9: 14-29

Tuesday 22nd February - **The Chair of St Peter, Apostle**

Matthew 16: 13-19

Wednesday 23rd February - **St Polycarp**

Mark 9: 38-40

Thursday 24th February

Mark 9: 41-50

Friday 25th February

Mark 10: 1-12

Saturday 26th February

Mark 10: 13-16

## NEXT SUNDAY'S READINGS - 8th Sunday of Ordinary Time

Sirach: 27:4 - 7 Psalm 91:2-3, 13-16

1 Corinthians 15:54-58 Luke: 6:39-45

**Pray and Hear the Good News**

## Prayer for Forgiveness

Lord, just as You so generously forgive me,  
 help me also to forgive others and not  
 keep any form of hate, anger or revenge  
 within my mind.

Bestow the power of love upon us all  
 and just as I forgive so too would everyone.

In the name Jesus Christ

Amen.

## From Our Anniversary Book

Helena Donnelly, Amelia O'Brien, Edward Robinson, Kristine Reeve, Patricia Andrews, Josef Majcher, John Duggan, Wallace Fulton, Thomas O'Connor, Christina Davis, James Waters, Leonard Hill, Maxwell Rainbird, William Kregor, Dorothy Wilson, John Mitson, Peter Graham, Giuseppe Attuoni, Agnes Owen, Ada Mohr, Rachel Waters, John Howe, Katherine Peters, Dorris Innes, Jasmine Bentley, Donato De Cesare, John Hudson, Emma Landers, Edward Collis, Cecilia Lynch, Sr Martha Foley PBVM, Sr Lucy Healy PBVM, Sr Sarah Hogan PBVM and Sr Joseph Power PBVM

**May they rest in peace !**



## Children's Corner

How can we love our enemies? Tick the best answers in the boxes below.



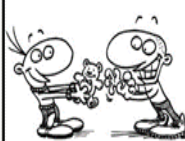
If someone slaps you on the cheek, do you...

- ☐ A: Slap them back  
☐ B: Forgive them, or...  
☐ C: Call the police



If someone teases you and calls you names, do you...

- ☐ A: Throw a tantrum  
☐ B: Find nice things to say about them, or...  
☐ C: Ask God to punish them



If someone wants to share your favorite toy, do you...

- ☐ A: Tell them to go away  
☐ B: Let them play with it, but only for 5 minutes, or...  
☐ C: Let them have it for as long as they like



If someone is mean to you...

- ☐ A: Ask God to bless them  
☐ B: Tell everyone how bad that person is, or...  
☐ C: Get even with them



## READINGS OF THE DAY - 7TH SUNDAY OF ORDINARY TIME - YEAR C

### First Reading

1 Samuel 26:2,7-9,12-13,22-23

Saul set off and went down to the wilderness of Ziph, accompanied by three thousand men chosen from Israel to search for David in the wilderness of Ziph. So in the dark David and Abishai made their way towards the force, where they found Saul asleep inside the camp, his spear stuck in the ground beside his head, with Abner and the troops lying round him. Then Abishai said to David, 'Today God has put your enemy in your power; so now let me pin him to the ground with his own spear. Just one stroke! I will not need to strike him twice. David answered Abishai, Do not kill him, for who can lift his hand against the Lord's anointed and be without guilt?' David took the spear and the pitcher of water from beside Saul's head, and they made off. No one saw, no one knew, no one woke up; they were all asleep, for a deep sleep from the Lord had fallen on them. David crossed to the other side and halted on the top of the mountain a long way off; there was a wide space between them. David then called out, 'Here is the king's spear. Let one of the soldiers come across and take it. The Lord repays everyone for his uprightness and loyalty. Today the Lord put you in my power, but I would not raise my hand against the Lord's anointed.'

**Responsorial Psalm** Psalm 102:1- 4. 8. 10. 12-13. R. v.8

(R.) **The Lord is kind and merciful**

1. My soul, give thanks to the Lord,  
all my being, bless his holy name.  
My soul, give thanks to the Lord  
and never forget all his blessings
2. It is he who forgives all your guilt,  
who heals every one of your ills,  
who redeems your life from the grave,  
who crowns you with love and compassion.
3. The Lord is compassion and love,  
slow to anger and rich in mercy.  
He does not treat us according to our sins  
nor repay us according to our faults.
4. As far as the east is from the west  
so far does he remove our sins.  
As a father has compassion on his sons,  
the Lord has pity on those who fear him.

### Second Reading

1 Corinthians 15:45-49

The first man, Adam, as scripture says, became a living soul; but the last Adam has become a life-giving spirit. That is, first the one with the soul, not the spirit, and after that, the one with the spirit. The first man, being from the earth, is earthly by nature; the second man is from heaven. As this earthly man was, so are we on earth; and as the heavenly man is, so are we in heaven. And we, who have been modelled on the earthly man, will be modelled on the heavenly man.

### Gospel Acclamation

**Alleluia, alleluia!**

I give you a new commandment;  
love one another as I have loved you.

**Alleluia!**

**Gospel** Luke 6:27-38

Jesus said to his disciples: 'I say this to you who are listening:

Love your enemies, do good to those who hate you, bless those who curse you, pray for those who treat you badly. To the man who slaps you on one cheek, present the other cheek too; to the man who takes your cloak from you, do not refuse your tunic. Give to everyone who asks you, and do not ask for your property back from the man who robs you. Treat others as you would like them to treat you. If you love those who love you, what thanks can you expect? Even sinners love those who love them. And if you do good to those who do good to you, what thanks can you expect? For even sinners do that much. And if you lend to those from whom you hope to receive, what thanks can you expect? Even sinners lend to sinners to get back the same amount. Instead, love your enemies and do good, and lend without any hope of return. You will have a great reward, and you will be sons of the Most High, for he himself is kind to the ungrateful and the wicked. 'Be compassionate as your Father is compassionate. Do not judge, and you will not be judged yourselves; do not condemn, and you will not be condemned yourselves; grant pardon, and you will be pardoned. Give, and there will be gifts for you: a full measure, pressed down, shaken together, and running over, will be poured into your lap; because the amount you measure out is the amount you will be given back.'



### REFLECTION FOR THE WEEK

Dear Brothers and Sisters in Christ,  
Jesus continues teaching us His radical way in the second Gospel taken from St Luke's account of the great sermon on the mount. He tells us "Don't just love those who love you but love your enemies too. Don't pay back evil with evil. When someone curses you, respond with a blessing. Give freely even to those who won't pay you back."

The way of Jesus is definitely not our human way of doing things. Sure, natural virtues lead us to love and do good some of the time, but Jesus tells us to be compassionate as our loving Dad in Heaven is compassionate. In other words, God loves us all, not just the nice people. And God loves all people all the time, not just when they are being good. Jesus is inviting us to start to look at other people, especially the difficult people, even those who hate us, as God looks at them.

Lastly, and most importantly, Jesus tells us to forgive others when they have hurt us. This is not to pretend that the hurt didn't happen. This is not to say to someone "It's nothing. Forget it." When we have really been hurt, we can't forget. It keeps on hurting us – but – what Jesus is saying is we must let it go. We have to stop wanting to get even. We have to decide to leave all judgement to God. We have to let go of the grudge. Because God loves us with an overflowing love, let us take our hurts to Him to be healed, and having forgiven those who have hurt us, let us ask God to forgive them too.